

Identifying the right source our success is a very serious matter:

- and he [the one who does not trust in G-d] will be as it was written: "For My people have committed two evils; they have forsaken Me, the spring of living waters, to dig for themselves cisterns, broken cisterns that do not hold water" (Yirmiya 2:13), "They exchanged their Glory for the likeness of an ox eating grass" (Tehilim 106:20),...
- If he places his trust in his wisdom and tactics, physical strength and industriousness - he will toil for nothing, his strength will weaken, and his tactics will fall short of accomplishing his desire,...and "I returned and saw under the sun, that the race does not belong to the swift, nor the war to the mighty; neither do the wise have bread ... (Koheles 9:11),....

Shaar Bitochon Duties of Heart (Introduction)

Hashem, I hereby declare that you are the source of the following:

- 1. The energy I receive from the coffee I drink*
- 2. The insights I gain when I study Torah*
- 3. The growth I achieve in middos development and mitzvah performance*
- 4. The favor I have with those who like me [my sense of humor and the endearing aspects of my personality]*
- 5. The influence and development I provide to students*
- 6. The health I experience from: healthy food choices and drinking lots of water....The physical exercise I perform, The rest I get*
- 7. The Shalom Bayis I experience*
- 8. The success and happiness of my children*
- 9. The shelter, clothing and the money we have*
- 10. The Torah I disseminate*